



Icy Dolphin wins race from Alcatraz

Suzanne Heim, right, emerges from the 48-degree water of the San Francisco Bay Saturday morning as the winner of the annual New Year's Day Alcatraz Swim, sponsored by the Dolphin Club and the South End Rowing Club. Heim, guided by Jon Belinski, above, bested approximately 60 other swimmers — no wet suits allowed! — by traversing the treacherous 1 ½ miles to Aquatic Park in about 30 minutes.

